

## Testimonies

*Testimony: Received from a Caregiver*

***And grateful are the receivers....***

*"Thank you so much for your prayers and concern. We are thankful for all of you and the many loving services you do for us. God bless all of you and keep you in His loving care"*

*Signed,*

*Grateful Parishioners in Kingsville*



***Testimony:***

***Received from our parish volunteer:***

*"Our work is truly a blessing to those we pray for, cook and visit as well as extremely rewarding spiritually to ourselves."*

*Signed,*

*JH, Caregivers Support Ministry Volunteer*

**November is Care Givers Month!**

## Caregivers Support Services



Our ministry services are available  
To our Parish Family

If you are a caregiver, you know that care giving is rewarding, but can also be a heavy burden and you've prayed for help.

The good news is God heard your prayers and you don't have to walk the journey alone. Wouldn't it be wonderful to have some other broad shoulders and warm hearts to help you carry the burden as a caregiver?

We have designed a special parish ministry of trusted church volunteers willing to assist parish families with caring for their loved ones so you can take some time for yourself.

St. Joseph Parish and the Archdiocese of Baltimore have a commitment to maintaining the trust of the faithful. Our Care Support volunteers are required to complete the VIRTUS volunteer training.

***No Fee for Our Services!***

## A Caring Ministry

### ♥ Call for Help

Contact Judy Springer

410-529-2540

Email: [jspringer9210@gmail.com](mailto:jspringer9210@gmail.com)

### ♥ Resources

We've gathered Caregiver information & handouts from various places to share with you.

### ♥ Services Offered

Up to 4 hours Respite Care\* for Caregivers to take personal time while our volunteers remain with your loved one. \* Depending on the needs of your loved one, we may not be able to offer Respite Care as we are not medically trained – we church volunteers.

Home Visits to either Caregivers or their Receiver upon request.

Telephone visits to those home alone that may be lonely for conversation and to keep them updated on their Parish.

Meals if need is determined

Rides to appointments  
Shopping & Pharmacy Pick-ups

### ♥ Prayer Requests ~

Call Jullie 443-890-1637

## Together Supporting Our Parishioners

### Sewing Guild/Prayer Shawl Ministry

Is a very special part of our Ministry and we thank them for making and donating their Blessed Prayer Shawls, Lap Blankets, Walker Bags, Bibs and special items throughout the year to be delivered during our visits.

Please support them in their Ministry also by donations of yarn and material or by a monetary donation to help them pay for some of their sewing needs.



### Rosary Guild Ministry

Is another very special part of our Ministry and we thank them for allowing us to deliver blessed rosaries during our visits in our community.

If you would like to support the Rosary Guild Ministry, they will gratefully accept donations of Zip-lock gallon & sandwich bags as well as monetary donations to purchase rosary supplies.



### Pastoral Ministries

Call the Parish Office 410-256-1630 to schedule a Pastoral Minister to deliver the Eucharist or to receive the Sacrament of Reconciliation with one of our Priest.



## Are you a Caregiver?

Self-identification as a caregiver is an essential first step towards overcoming the overwhelming responsibilities your role entails. Are you caring for a loved one who belongs to one of the categories below?

- ♦ People with disabilities
- ♦ People with mental illness
- ♦ People who are chronically ill (e.g. diabetes, renal failure)
- ♦ Older persons who have difficulty coping with daily living
- ♦ People who are terminally ill or suffering from life limiting illnesses

If your answer is 'Yes' to any of the above, that makes you a caregiver.

Caregiving involves time, commitment and sacrifice. While the role as a caregiver seems intimidating, you are not alone and there is always help and support available to walk you through the journey.

Image shared by <https://www.caregivingcafe.com>  
Visit their website today to learn more about caregiving.

**Then Call Judy: 410.529.2540**

St. Joseph Fullerton Parish

## Caregivers' Support Ministry

*Serving Our Parish Caregivers*



**Q: "Who cares for the Caregiver?"**

**A:** St. Joe's Caregivers Support Ministry



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[www.stjoefullerton.org](http://www.stjoefullerton.org)